Lamotrigine Case 2: Drug-Drug Interactions 2-02-16 Jose de Leon, MD

2. Lamotrigine Case 2

Bipolar Disorders 9:310-313, 2007

http://www.ncbi.nlm.nih.gov/pubmed/17430308

Lamotrigine Case 2 2.1. Pharmacology of Lamotrigine

2.2. Lamotrigine Case 2

Lamotrigine Case 2 2.1. Pharmacology of Lamotrigine 1.1.1. Pharmacokinetics 1.1.2. Pharmacodynamics **2.2. Lamotrigine Case 2** 2.1.1. Case Description 2.1.2. Medications 2.1.3. Outcome 2.1.4. Diagnosis 2.1.5. Interpretation

Educational Objectives

At the conclusion of this presentation, the participant should be able to:

- 1. Think about pharmacological principles in the context of polypharmacy
- 2. Appreciate that for understanding lamotrigine safety, one must consider
 - 2.1. Pharmacodynamics and pharmacokinetics
 - 2.2. Personal, environmental and genetic factors

3. Recognize the relevance of lamotrigine drug-drug interactions and their contribution to the risk for Stevens-Johnson Syndrome.

Abbreviations

- ADR: adverse drug reaction
- AED: anti-epileptic drug
- DDI: drug-drug interaction
- ER: extended release
- RCT: randomized controlled trial
- UGT: uridine 5'-diphosphate glucuronosyltransferase

2.0. Lamotrigine Pharmacology

http://www.ncbi.nlm.nih.gov/pubmed/25745819 Focus on inducers (free pdf) http://www.ncbi.nlm.nih.gov/pubmed/25196459 Focus on DDI

2.0. Lamotrigine: Pharmacology What do you know about lamotrigine's pharmacological mechanisms?

2.0. Lamotrigine Pharmacology

2.0.1. Pharmacokinetics2.0.2. Pharmacodynamics

2.0.1. Lamotrigine Pharmacokinetics

2.0.1. Lamotrigine Case 1: Pharmacokinetics

What do you know about lamotrigine's pharmacokinetics?

2.0.1. Lamotrigine Pharmacokinetics

2.0.1.1. Metabolism
2.0.1.2. Lamotrigine Effects on Other Drugs
2.0.1.3. Genetic, Personal & Environmental Factors
2.0.1.4. Dosing

2.0.1.1. Lamotrigine Metabolism

2.0.1.1. Lamotrigine Case 1: Metabolism Glucuronidation: 65-90% □ UGT1A4: major enzyme □ UGT2B7: may or may not be relevant, depending on the articles. Urine excretion: small contribution lamotrigine and its metabolites Mild auto-induction: □ within the first 2 weeks not seen in patients on potent inducers

2.0.1.2. Lamotrigine Effects on Other Drugs

2.0.1.2. Lamotrigine Case: Effects on Other Drugs Mild inducer: possibly of quetiapine Mild inhibitor: possibly of olanzapine, but only in SMOKERS http://www.ncbi.nlm.nih.gov/pubmed/18555573 In summary, in most patients, lamotrigine is not likely to produce a clinically-relevant DDI with other psychiatric drugs.

2.0.1.3. Genetic, Personal & Environmental Factors 2.0.1.3. Lamotrigine Case 1: Genetic, Personal & Environmental Factors

Genetics: currently unknown □ UGT1A4 genetic variations: • not well understood not ready for clinical use Personal: Estrogens are inducers. Tobacco smoking: mild inducer \square Mild \downarrow in elimination when \downarrow in renal function: geriatric age, or renal impairment

2.0.1.3. Lamotrigine Case 1: Genetic, Personal & Environmental Factors

Environmental factors:

DDIs with lamotrigine are important:

- adding:
 serum lamotrigine concentration
 (it may contribute to
 efficacy)

Inhibitors:

- discontinuing:
 serum lamotrigine concentration
 (it may contribute to
 efficacy)

2.0.1.3. Lamotrigine Case 1: Genetic, Personal & Environmental Factors Lamotrigine inducers: □ AEDs:• carbamazepine, • phenytoin, phenobarbital (and primidone) (The prescribing information recommends the same 2 x dose correction factor for all AED potent inducers, but 1.5 x may be better for carbamazepine.) Rifampin Lopinavir/ritonavir Estrogens (oral contraceptives) Acetaminophen may also be a inducer.

http://www.ncbi.nlm.nih.gov/pubmed/2225696

2.0.1.3. Lamotrigine Case 1: Genetic, Personal & Environmental Factors

Valproate is the most important lamotrigine inhibitor:
 Adding valproate requires decreasing the dose (0.5 x dose).

Its inhibitory effects may:

- happen across all therapeutic doses
- be similar (or stronger) than

phenytoin or carbamazepine inductive effects. http://www.ncbi.nlm.nih.gov/pubmed/16157751

↓ estrogen inductive effects on lamotrigene.
 ■ Ginseng may also be an inhibitor: avoid it. If patient refuse to stop it, warn him/her of the risks and use slower titration for lamotrigine, similar to that for valproate. <u>http://www.ncbi.nlm.nih.gov/pubmed/25756365</u>

2.0.1.3. Lamotrigine Case 1: Genetic, Personal & Environmental Factors

If you forget that valproate is an inhibitor of

lamotrigine metabolism, you might kill your patients.

2.0.1.4. Lamotrigine Dosing

2.0.1.3. Lamotrigine Dosing

2.0.1.3.1. Half-Life2.0.1.3.2. Bipolar Disorder2.0.1.3.3. Epilepsy2.0.1.3.4. Other Correction Factors

2.0.1.3.1. Lamotrigine Half-Life (If you do not remember the concept of half-life, please review the presentation "Clozapine Case 6: Half-Life") 2.0.1.3.1. Lamotrigine Case 1: Lamotrigine Half-Life

Do lamotrigine and lamotrigine and lamotrigine ER have different half-lives? 2.0.1.3.1. Lamotrigine Case 1: Lamotrigine Half-Life

Do lamotrigine and lamotrigine and lamotrigine **ER have different half-lives?** Yes: not only different half-lives but different bioavailability.

2.0.1.3.1. Lamotrigine Case 1: Lamotrigine Half-Life Another concept that you cannot forget is that lamotrigine has different bioavailability (and dosing) than lamotrigine ER.

2.0.1.3.1. Lamotrigine Case 1: Lamotrigine Half-Life Moreover, you also need to remember that valproate has different bioavailability (and dosing) than valproate ER formulations.

2.0.1.3.1. Lamotrigine Case 1: Lamotrigine Half-Life Lamotrigine and lamotrigine ER: □ have different half-lives and this is relevant for TDM. have different bioavailablity and this is relevant for dosing. Similarly, valproate and valproate ER formulations: have different half-lives and this is relevant for TDM. have different bioavailablity and this is relevant for dosing. See presentation "Valproate Case 3 Formulation"

2.0.1.3.1. Lamotrigine Case 1: Lamotrigine Half-Life

 Normal formulation: administered twice a day.
 Lamotrigine half-life in adults (prescribing information): <u>http://dailymed.nlm.nih.gov/dailymed/search.cfm?labeltype=all&query=LAMOTRIGI</u> <u>NE</u>

amotriging Half Life

Co-medication	Mean (range) ¹		
Inducers	12.6 (7.5-23.1) hours		
No other meds	25.4 (11.6-61.6) hours		
Inducers + valproate	27.2 ² (11.2-51.6) hours		
Valproate	70.3 (41.9-113.5) hours		

¹Notice that the ranges are pretty wide; therefore, using the mean for a specific patient is a rough approximation. ²Notice that adding valproate at least compensates for the effect of potent inducers, due to its potent inhibitory effects.

2.0.1.3.1. Lamotrigine Case 1: Lamotrigine Half-Life Lamotrigine extended-release (ER) tablets: \square are administered once a day. http://dailymed.nlm.nih.gov/dailymed/drugInfo.cfm?id=32611&CFID=23862226&CFTOKEN=c 27600d6f001498c-2E8A6594-CF03-8B9C-CC79F8CFAF92C929&jsessionid=ca308e763e412cb1e542 require higher doses than the normal formulation: 1.2 to 1.5 x higher. ER tablets have lower bioavailability than the normal formulation.

2.0.1.3.2. Lamotrigine Dosing: Bipolar Disorder

2.0.1.3.2. Lamotrigine Case 2: Bipolar Dosing

Dose ((mg/	day)

	VPA	No	Inducers
Weeks 1 & 2	25 every 2 days	25	50
Weeks 3 & 4	25	50	100
Week 5	50	100	200
Week 6	100	200	300
Week 7	100	200	400
Target	100	200	400

Package insert: http://dailymed.nlm.nih.gov/dailymed/drugInfo.cfm?id=32038

No description of ER dosing is provided.

2.0.1.3.3. Lamotrigine Dosing: Epilepsy

2.0.1.3.3. Lamotrigine Case 2: Epilepsy					
	<u>Dose (mg/day)</u>				
	VPA	No	Inducers		
Veeks 1 & 2	25 every 2 days	25	50		
Veeks 3 & 4	25	50	100		
every 1–2 weeks	25–50	50	100		
Target	100-200	225-375	300-500		
ER	200-250	300-400	400-600		

Package insert: http://dailymed.nlm.nih.gov/dailymed/drugInfo.cfm?id=32038

ER package insert:

http://dailymed.nlm.nih.gov/dailymed/drugInfo.cfm?id=32611&CFID=23862226&CFTOKEN=c27600d6f00149 8c-2E8A6594-CF03-8B9C-CC79F8CFAF92C929&jsessionid=ca308e763e412cb1e542
2.0.1.3.4. Other Correction Factors

2.0.1.3.4. Lamotrigine Case 2: Other Correction Factors Personal characteristics: Hepatic impairment: mild effects no dose adjustment Renal impairment (not well studied): lower doses are probably needed. \square Elderly: the same dose is recommended. (but it provides 35% \uparrow in concentration) http://www.ncbi.nlm.nih.gov/pubmed/18296554 □ Smoking: ↑ metabolism by 1.2. http://www.ncbi.nlm.nih.gov/pubmed/18583161 □ Pregnancy: ↑ metabolism in 2nd & 3rd trimesters; (Use TDM to individualize dosing; as an approximation it requires 2 x dose). http://www.ncbi.nlm.nih.gov/pubmed/17144777

2.0.1.3.4. Lamotrigine Case 2: Other Correction Factors Dr. de Leon's plan for the 2016 course includes a case describing lamotrigine TDM. There is no doubt that pregnancy requires lamotrigine TDM: A fertile woman stabilized on lamotrigine and considering pregnancy should receive several TDMs as a baseline.

A woman recently found to be pregnant should receive a few TDMs as a baseline before the major ↑ of sexual hormones (in 2nd trimester).
 A ↑ lamotrigine dose may be needed during the 2nd and 3rd trimesters. If you have no access to lamotrigine TDM, consider 2 x dose (this is the best approximation based in available limited literature).

2.0.2. Lamotrigine Pharmacodynamics

2.0.2. Lamotrigine Pharmacodynamics

What do you know about lamotrigine's pharmacodynamics? 2.0.2. Lamotrigine Pharmacodynamics
AED:

activity of voltage-gated sodium channels
 activity of voltage-gated calcium channels

As a mood stabilizer:
 not well understood

2.1. Lamotrigine Case 2

2.1. Lamotrigine Case 2 2.1.1. Case Description 2.1.2. Medications 2.1.3. Outcome 2.1.4. Diagnosis 2.1.5. Interpretation

2.1.1. Case Description

2.1.1. Lamotrigine Case 2: Description

http://www.ncbi.nlm.nih.gov/pubmed/17430308

36 yo Caucasian 3 with bipolar II disorder:
 He was treated for hypertension and GERD.
 His most recent episode was severe depression without psychotic features.

- After a sequence of several hospitalizations and recurrent suicide attempts, he tried to hang himself on an inpatient psychiatric unit.
- He suffered mild brain anoxia (intensive care unit for <24 hours).</p>

Phenytoin was added for seizure prophylaxis.

2.1.2. Case Medications

2.1.2. Lamotrigine Case 2: Medications

- At the time of admission to a psychiatric hospital:
 - oxcarbazepine (600 mg/day),
 - phenytoin (300 mg/day),
 - □ lithium carbonate (900 mg/day),
 - □ venlafaxine slow-release (225 mg/day),
 - mirtazapine (45 mg/day),
 - metoprolol xl (50 mg/day), and
 - □ famotidine (40 mg/day).

2.1.2. Lamotrigine Case 2: Medications

 During a 3-week hospitalization:
 Lithium was discontinued.
 Phenytoin was discontinued on day 4.
 Lamotrigine (50 mg/day) was added on day 11.
 It was increased to 100 mg/day on day 14; this titration was too rapid.

2.1.2. Lamotrigine Case 2: Medications

At the time of discharge (day 21): \Box lamotrigine (100 mg/day), \Box oxcarbazepine (1200 mg/day), \Box venlafaxine slow-release (225 mg/day), \square mirtazapine (60 mg/day), \square metoprolol xl (50 mg/day), \Box propranolol (60 mg/day), and □ famotidine (40 mg/day).

No signs of toxicity were seen after 10 days on lamotrigine in spite of rapid titration. 2.1.3. Case Outcome

2.1.3. Lamotrigine Case 2: Outcome

 The patient's oxcarbazepine dosage was reduced to 600 mg/day after leaving the hospital.
 He was doing well.

2.1.3. Lamotrigine Case 2: Outcome

On day 44 (after the first day of admission):
 after 30 days on lamotrigine 100 mg/day and
 22 days after decreasing oxcarbazepine.
 The patient developed painful mouth sores on:
 lips,

- □ gums and
- □ tongue.

The ulcers appeared to be similar to the common aphthous ulcers; however, the significant number of ulcers was unusual.
 The ulcers were so painful, it was difficult for the patient to swallow or eat.

2.1.3. Lamotrigine Case 2: Outcome

On day 50, the outpatient psychiatrist
 became very concerned that oral lesions were an ADR, and
 discontinued oxcarbazepine and lamotrigine.
 As soon as the medications were stopped, the mouth ulcers began to clear and soon were completely resolved.

2.1.4. Case Diagnosis

2.1.4. Lamotrigine Case 2: Diagnosis Are oral ulcers compatible with initial Stevens-Johnson Syndrome?

2.1.4. Lamotrigine Case 2: Diagnosis Are oral ulcers compatible with initial Stevens-Johnson Syndrome? Absolutely.

2.1.4. Lamotrigine Case 2: Diagnosis

- The patient had no skin rash; oral ulcers cleared with medication discontinuation.
- See the presentation "Lamotrigine Case 1: Stevens-Johnson Syndrome" for:
 - □ pictures
 - a more thorough description of Stevens-Johnson Syndrome
- The next 4 slides taken from that presentation remind readers of the differential diagnosis between lamotrigine benign rash (around 5%) and Stevens-Johnson Syndrome (<1/1000). Clinicians are much more likely to face benign rash.

2.1.4. Lamotrigine Case 2: Diagnosis Benign Rash and Stevens-Johnson Syndrome can be distinguished by 3 characteristics: http://www.ncbi.nlm.nih.gov/pubmed/17430308 \Box Time evolution: early in benign rash □ Systemic involvement: absent in benign rash \square Type of rash: more spotty and less confluent in benign rash

2.1.4. Lamotrigine Case 2: Diagnosis Time evolution: Benign Rash: often occurs within 5-10 days of first exposure and improves within one to two weeks Stevens-Johnsons Syndrome: often occurs much later, after the first 5 days and up to months after initiation

2.1.4. Lamotrigine Case 2: Diagnosis Systemic involvement : Benign Rash: • no systemic involvement normal blood counts normal liver and kidney function tests □ Stevens-Johnson Syndrome: Ulcers in mucosal areas (eyes, lips or mouth) also often occur. Systemic symptoms such as fever, malaise, anorexia, lymphadenopathy are often present. Hematological, hepatic and kidney tests can be abnormal.

2.1.4. Lamotrigine Case 2: Diagnosis Type of rash: Benign Rash: spotty, raised, erythematous, non-confluent and non-tender <u>Stevens-Johnson</u> Syndrome: more likely confluent and widespread, not raised, • purpuric and tender and includes blistering with varying degrees of skin detachment

2.1.5. Case Interpretation

2.1.5. Lamotrigine Case 2: Interpretation Most physicians would probably agree that in this case: □ the oral ulcers that cleared with medication discontinuation were very likely ADRs. (as a matter of fact, they are compatible with early Stevens-Johnson Syndrome). □ It was a good idea not to wait for rash or other symptoms to make the full diagnosis. Assuming this was an early Stevens-Johnson Syndrome, there are 2 possible causes: \square lamotrigine, or oxcarbazepine.

2.1.5.1. Lamotrigine as the Cause

2.1.5.1. Lamotrigine Case 2: Lamotrigine as the Cause

In this patient, 100 mg/day of lamotrigine was well tolerated for 30 days (in spite of fast titration).
 Based on Lamotrigine Case 1, we think:

oxcarbazepine from 1200 to 600 mg/day was crucial.

After 3 weeks and loss of induction: serum lamotrigine concentration ↑ and the patient developed oral ulcers.

Phenytoin is a potent inducer of lamotrigine metabolism:

- De-induction typically happens in 2-3 weeks.
- It was discontinued after 40 days, and therefore, unlikely to have contributed.

2.1.5.2. Oxcarbazepine as the Cause

2.1.5.2. Lamotrigine Case 2: Oxcarbazepine as the Cause

Can oxcarbazepine cause Stevens-Johnson Syndrome? 2.1.5.2. Lamotrigine Case 2: Oxcarbazepine as the Cause

Can oxcarbazepine cause Stevens-Johnson Syndrome?



2.1.5.2. Lamotrigine Case 2: Oxcarbazepine as the Cause How do we know that oxcarbazepine can cause Stevens-Johnson Syndrome?

2.1.5.2. Lamotrigine Case 2: Oxcarbazepine as the Cause How do we know that oxcarbazepine can cause Stevens-Johnson Syndrome? Search PubMed.

2.1.5.2. Lamotrigine Case 2: Oxcarbazepine as the Cause

Go to PubMed.

http://www.ncbi.nlm.nih.gov/pubmed

Type in the search box: "oxcarbazepine and Stevens-Johnson syndrome" 20 articles appear on the list. (This was on 1-26-16; later on you may find more).
Start looking at abstracts, beginning with article 20. Only the most relevant are included in this presentation.

Article 18: http://www.ncbi.nlm.nih.gov/pubmed/18331816

Dogan EA, Usta BE, Bilgen R, Senol Y, Aktekin B. Efficacy, tolerability, and side effects of oxcarbazepine monotherapy: a prospective study in adult and elderly patients with newly diagnosed partial epilepsy. Epilepsy Behav. 2008 Jul;13(1):156-61. doi: 10.1016/j.yebeh.2008.02.001. Epub 2008 Mar 10. PubMed PMID: 18331816

It is a Turkish study; the abstract says: "Side effects leading to discontinuation were: Stevens-Johnson syndrome (n=2,1.4%)..."

Article 17: <u>http://www.ncbi.nlm.nih.gov/pubmed/18785891</u>

Chen YC, Chu CY, Hsiao CH. Oxcarbazepine-induced Stevens-Johnson syndrome in a patient with HLA-B*1502 genotype. J Eur Acad Dermatol Venereol. 2009 Jun;23(6):702-3. doi: 10.1111/j.1468-3083.2008.02988.x. Epub 2008 Sep 10. PubMed PMID: 18785891.

Notice that it has no abstract.

- The pdf describes the patient:
- A Han Chinese from Taiwan

HLA-B*15:02 genotype

(This is associated with carbamazepine-induced Stevens-Johnson Syndrome. See the presentation "Pharmacogenetic Tests in Psychiatry".)

Article 15: <u>http://www.ncbi.nlm.nih.gov/pubmed/19321411</u> Lin LC, Lai PC, Yang SF, Yang RC. Oxcarbazepine-induced Stevens-Johnson syndrome: a case report. Kaohsiung J Med Sci. 2009 Feb;25(2):82-6. doi: 10.1016/S1607-551X(09)70045-2. PubMed PMID: 19321411.

The article has an abstract and the pdf is available.

Article 12: <u>http://www.ncbi.nlm.nih.gov/pubmed/21169036</u>

Hu FY, Wu XT, An DM, Yan B, Stefan H, Zhou D. Pilot association study of oxcarbazepine-induced mild cutaneous adverse reactions with HLA-B*1502 allele in Chinese Han population. Seizure. 2011 Mar;20(2):160-2. doi: 10.1016/j.seizure.2010.11.014. Epub 2010 Dec 18. PubMed PMID: 21169036.

It is a Chinese study; the abstract says: "Our findings indicate that HLA-B*1502 allele may contribute to the genetic susceptibility to OXC-induced MPE". MPE: mild maculopapular eruptions

Remember, in Chinese on carbamazepine, HLA-B*15:02 genotyping is associated with Stevens-Johnsons Syndrome (see the presentation on "Pharmacogenetic Testing in Psychiatry").

2.1.5.2. Lamotrigine Case 2: Oxcarbazepine as the Cause Article 11: <u>http://www.ncbi.nlm.nih.gov/pubmed/23130207</u>

Sharma SR, Sharma N, Yeolekar ME. Oxcarbazepine-induced Stevens Johnson syndrome: A rare case report. Indian Dermatol Online J. 2011 Jan;2(1):13-5. doi: 10.4103/2229-5178.79861. PubMed PMID: 23130207; PubMed Central PMCID: PMC3481788.

This case report describes an Indian patient. A free pdf with pictures is available.

Article 10: <u>http://www.ncbi.nlm.nih.gov/pubmed/22013310</u>

Wal P, Wal A, Pandey U, Rai AK, Bhandari A. Genetic predisposition to oxcarbazepine induced Stevens-Johnson syndrome. Indian J Crit Care Med. 2011 Jul;15(3):173-5. doi: 10.4103/0972-5229.84904. PubMed PMID: 22013310; PubMed Central PMCID: PMC3190469.

Here is another case report on an Indian patient. A free pdf is available.

Article 1: <u>http://www.ncbi.nlm.nih.gov/pubmed/26288485</u>

Guleria VS, Sharda C, Rana T, Sood AK. Oxcarbazepine induced toxic epidermal necrolysis - a rare case report. Indian J Pharmacol. 2015 Jul-Aug;47(4):459-61. doi: 10.4103/0253-7613.161279. PubMed PMID: 26288485; PubMed Central PMCID: PMC4527075.

This case report is also about an Indian patient. A free pdf with pictures is available.

2.1.5.2. Lamotrigine Case 2: Oxcarbazepine as the Cause Summarizing the PubMed search: oxcarbazepine can cause **Stevens-Johnson Syndrome.** Summarizing a textbook chapter: Stevens-Johnson Syndrome is less frequent with oxcarbazepine than with carbamazepine. About 75% of patients with carbamazepine rash tolerate OXCARDAZEDINE. http://www.amazon.com/American-Psychiatric-Publishing-Psychopharmacology-Schatzberg/dp/1585623091/ref=sr_1_1?ie=UTF8&s=books&gid=1278966588&sr=1-1 Chapter by Ketter et al.

What are the arguments in favor of oxcarbazepine as the cause of Stevens-Johnson Syndrome in this case?

 In favor of oxcarbazepine being the cause:
 the discontinuation of 600 mg/day of oxcarbazepine was associated with the resolution of the oral ulcers.

What are the arguments against oxcarbazepine as the cause of Stevens-Johnson Syndrome in this case?

2.1.5.2. Lamotrigine Case 2: Oxcarbazepine as the Cause Against oxcarbazepine being the cause: The resolution of oral ulcers happened with the discontinuation of oxcarbazepine, but occurred at the same time as the lamotrigine discontinuation. □ If oxcarbazepine was the cause of the oral ulcers, a dose of 1200 mg/day may be more likely to cause them. □ The oral ulcers occurred 3 weeks after oxcarbazepine was 1 from 1200 to 600 mg/day. Assuming that oxcarbazepine is a mild inducer, this is compatible with a slow \uparrow of serum lamotrigine Cs.

In summary, can we completely rule out that oxcarbazepine caused **Stevens-Johnson** Syndrome in this case?

In summary, can we completely rule out that oxcarbazepine caused **Stevens-Johnson** Syndrome in this case? No, but it is not likely.

Questions

 Please review the 10 questions on the pdf entitled "Questions on the Presentation Lamotrigine Case 2 Drug Drug Interaction".

You will find the answers on the last slide after the "Thank you" slide. No peeking until you have answered all the questions.

If you do not answer all the questions correctly, please review the PowerPoint presentation again to reinforce the pharmacological concepts.





A
 D
 C
 C
 B
 D

6. B
7. D
8. D
9. A
10. A