

Bruno Palazzo Nazar
Curriculum Vitae

(Main topics)

March/2017

Academic Achievement

- 2013 - 2017** PhD in Psychiatry and Mental Health - PROPSAM - IPUB UFRJ.
Federal University of Rio de Janeiro Institute of Psychiatry, IPUB - UFRJ, Brasil
(split PhD from may/2015 until may/2016 at King's College - London) –
viva set for 02/07/2017
- Title: **Eating Disorders and Attention Deficit / Hyperactivity Disorder**
Supervisor: Prof Paulo Mattos, M.D., M.Sc., PhD
Co-supervisor: Prof Janet Treasure, M.D., PhD, FRCP, FAED, O.B.E.
(King's College – London)
- 2009 - 2011** MSc in Psychiatry and Mental Health - PROPSAM - IPUB/UFRJ.
Federal University of Rio de Janeiro Institute of Psychiatry, IPUB - UFRJ, Brasil
Title: **Clinical features of ADHD patients comorbid with eating disorders**
Supervisor: Prof Paulo Mattos, M.D., M.Sc., PhD
Co-supervisor: Prof Sir Joseph Sergeant, PhD (Vrije University – The Netherlands)
- 2008 - 2008** Psychiatry residency
Federal University of Rio de Janeiro Institute of Psychiatry, IPUB - UFRJ, Brasil
Optional extra year in **Liaison Psychiatry**
- 2005 - 2007** Psychiatry residency
Federal University of Rio de Janeiro Institute of Psychiatry, IPUB - UFRJ, Brasil
- 1998 - 2004** M.D. - Medical Degree – Graduate School
Federal Fluminense University
Monography Title: **Clinical and diagnostic aspects of Binge Eating Disorder in adolescents and adults**
Supervisor: Prof. Marcio Moacyr Vasconcellos, M.D., M.Sc., PhD Fellow
Washington University

Professional Experience

1. Integrated Care Psychiatric Hospital - NIP

2008 - 2009 Psychiatry – Medical Staff

2. Diabetes and Endocrinology State Institute

2008 - 2011 Psychiatry - Medical Staff

3. Eating Disorders and Obesity Group

2006 - Current Psychiatry - Medical Coordinator (Outpatient unit)
Research supervisor for medical students and psychiatry residents

4. Attention Deficit Study Group

2005 - Current Psychiatry - Medical Staff / Researcher
Research supervisor for medical students and psychiatry residents

5. Federal University of Rio de Janeiro - Institute of Psychiatry

2010 - Current Psychiatry - Medical Staff
Coordinator - Eating Disorders Outpatient Unit

2013 - 2015 Senior Clinical Lecturer in Psychopharmacology

2014 - Current Senior Clinical Lecturer in Clinical Psychiatry

2017 Professor of Psychiatry at the Postgraduate program

6. Harvard University - Department of Psychiatry

2005 - 2005 Clinical and Research Observership

Anxiety Disorders Program
Supervisor: Prof Gustavo Kynris, M.D., PhD

Journals

Associate Editor

- 1. Trends in Psychiatry and Psychotherapy**
2019 - Current

Reviewer

- 1. European Eating Disorders Review**
2015 - Current

- 2. Comprehensive Psychiatry**
2014 - Current

- 3. RBP Psychiatry**
2014 - Current

- 4. BMC Psychiatry**
2013

- 5. CNS & Neurological Disorders. Drug Targets**
2013

- 6. Journal of Attention Disorders**
2013

- 7. Brazilian Journal of Psychiatry**

2010

8. Revista Panamericana de Salud Pública / Pan American Journal of Public Health

2009

9. Psychological Medicine

2009 - Current

Academic Output

1. BACZYNSKI, T. P., CHAIM, C. H. A., **NAZAR, B. P.**, CARTA, M. G., ARIAS-CARRION, O., SILVA, A. C., MACHADO, S., NARDI, A. E. **High-Frequency rTMS to Treat Refractory Binge Eating Disorder and Comorbid Depression: A Case Report.** CNS & Neurological Disorders. Drug Targets. , v.13, p.771 - 775, 2014.
2. **NAZAR, B. P.**, SUWWAN, R., PINNA, C. M. D. S., Duchesne, Monica, FREITAS, S. R., SERGEANT, J., Mattos, Paulo. **Influence of attention-deficit/hyperactivity disorder on binge eating behaviors and psychiatric comorbidity profile of obese women.** Comprehensive Psychiatry (Print). , v.55, p.572 - 578, 2014.
3. CHAIM, CAROLINA HANNA, **Nazar, Bruno Palazzo**, HOLLANDER, ERIC, LESSA, JOSÉ LUIZ MARTINS. **Pathological gambling treated with lithium: The role of assessing temperament.** Addictive Behaviors. , p.1911 - 1913, 2014.
4. **Nazar, Bruno Palazzo**, CHAIM, C. H., WORCMAN, N. **Anorexia Nervosa: Diagnostic and prognostic challenges.** PRODIRETRIZES - Programa de Atualização. , v.4, p.21 - 53, 2013.
5. Mattos, Paulo, Segenreich, Daniel, DIAS, GABRIELA MACEDO, **Nazar, Bruno**, SABOYA, ELOISA, BROAD, MERYL. **Construct reliability and validity of the Portuguese version of the Adult ADHD Quality of Life Questionnaire (AAQoL).** Revista de Psiquiatria Clínica (São Paulo. Impresso). , v.38, p.91 - 96, 2011.
6. **Nazar, Bruno Palazzo**, Pinna, Camilla Moreira de Sousa, Coutinho, Gabriel, Segenreich, Daniel, Duchesne, Monica, Appolinario, José Carlos, Mattos, Paulo. **Review of literature of attention-deficit/hyperactivity disorder with comorbid eating disorders.** Revista Brasileira de Psiquiatria (São Paulo. 1999. Impresso). , v.30, p.384 - 389, 2008.
7. Dias, Gabriela, Segenreich, Daniel, **Nazar, Bruno**, Coutinho, Gabriel. **ADHD Diagnosis in clinical practice.** Jornal Brasileiro de Psiquiatria (UFRJ. Impresso). , v.56, p.9 - 13, 2007.
8. NAZAR, B. P., Borges, Manuela C., Ordacgi, Lídia, Garcia, Rafael F., Fontenelle, Leonardo F. **Paraphilic Disorder in Obsessive Compulsive Disorder Patients: A case series.** Jornal Brasileiro de Psiquiatria (UFRJ. Impresso). , v.56, p.219 - , 2007.
9. Garcia, Rafael Ferreira, Ordacgi, Lidia, Mendlowicz, Mauro V., de Freitas, Gabriel R., Rosso, Ana Lucia Z., **Nazar, Bruno P.**, Fontenelle, Leonardo F. **Treatment of Juvenile Parkinson Disease and the Recurrent Emergence of Pathologic Gambling.** Cognitive and Behavioral Neurology. , v.20, p.11 - 14, 2007.
10. NAZAR, B. P., FONTENELLE, L.F., TELLES, L. L., MENEZES, G. B., Mendlowicz MV, VERSIANI, M. **A SOCIODEMOGRAPHIC, PHENOMENOLOGICAL, AND LONG-TERM FOLLOW-UP STUDY OF PATIENTS WITH BODY DYSMORPHIC DISORDER IN BRAZIL.** International Journal of Psychiatry in Medicine (Print). , v.36, p.243 - 259, 2006.

11. VASCONCELOS, M. M., Nascimento OJM, WERNER, J., Domingues RC, BRITO, A. R., CRUZ, L. C. H., ESTEVES, L., FREITAS, M. R., AZEVEDO, P. M. C., **NAZAR, B. P.**, Pinto, FNV. **CINRG pilot trial of oxatamide in steroid-naive Duchenne muscular dystrophy.** *Annals of Neurology.* , v.60, p.s143 - s143, 2006.
12. VASCONCELOS, M. M., Nascimento OJM, WERNER, J., Domingues RC, BRITO, A. R., CRUZ, L. C. H., ESTEVES, L., AZEVEDO, P. M. C., **NAZAR, B. P.**, Pinto, FNV. **Proton magnetic resonance spectroscopy findings in autistic children.** *Annals of Neurology.* , v.60, p.s124 - s125, 2006.
13. VASCONCELOS, M. M., Nascimento OJM, WERNER, J., Domingues RC, BRITO, A. R., CRUZ, L. C. H., ESTEVES, L., FREITAS, M. R., AZEVEDO, P. M. C., **NAZAR, B. P.**, Pinto, FNV. **Utility of magnetic resonance spectroscopy for attention Deficit/Hyperactivity disorder diagnosis.** *Annals of Neurology.* , v.60, p.s128 - s128, 2006.
14. **NAZAR, B. P.**, PINNA, C. M. D. S., SUWWAN, R., DUCHESNE, M., FREITAS, S. R., SERGEANT, J., MATTOS, P. **ADHD Rate in Obese Women With Binge Eating and Bulimic Behaviors From a Weight-Loss Clinic.** *Journal of Attention Disorders*, 2016. ul;20(7):610-6. doi: 10.1177/1087054712455503.
16. **Nazar, B.P.**; Hiluy J; Mattos P. **Antidepressant induced yawning and indifference.** *Brazilian Journal of Psychiatry*, 2015
17. Mesquita C, **Nazar BP**, Pinna CM, Rabelo B, Serra-Pinheiro MA, Sergeant J, Mattos P. **How can Continuous Performance Test help to assess inattention when mood and ADHD symptoms coexist?** *Psychiatry Res.* 2016 Sep 30;243:326-30.
18. de Oliveira-Souza R, Monteiro M, Pacheco P, Tovar-Moll F, Mattos P, Moll J, **Nazar BP.** **Right hemisphere dominance for language in a woman with schizophrenia and a porencephalic cyst of the left hemisphere.** *Neurocase.* 2016 Jun;22(3):324-31.
19. Treasure J, **Nazar BP.** **Interventions for the Carers of Patients With Eating Disorders.** *Curr Psychiatry Rep.* 2016 Feb;18(2):16.
20. **Nazar BP**, Gregor LK, Albano G, Marchica A, Coco GL, Cardi V, Treasure J. **Early Response to treatment in Eating Disorders: A Systematic Review and a Diagnostic Test Accuracy Meta-Analysis.** *Eur Eat Disord Rev.* 2016 Dec 7. doi: 10.1002/erv.2495. [Epub ahead of print]
21. **Nazar BP**, Bernardes C, Peachey G, Sergeant J, Mattos P, Treasure J. **The risk of eating disorders comorbid with attention-deficit/hyperactivity disorder: A systematic review and meta-analysis.** *Int J Eat Disord.* 2016 Dec;49(12):1045-1057.
22. Leslie M, Leppanen J, Paloyelis Y, **Nazar BP**, Treasure J. **The influence of oxytocin on risk-taking in the balloon analogue risk task among women with bulimia nervosa and binge eating disorder.** *J Neuroendocrinol.* 2019 Aug;31(8):e12771. doi: 10.1111/jne.12771. Epub 2019 Jul 23.

23. Leonidas C, **Nazar BP**, Munguía L, Santos MA. **How do we target the factors that maintain anorexia nervosa? A behaviour change taxonomical analysis.** *Int Rev Psychiatry.* 2019 Jun;31(4):403-410. doi: 10.1080/09540261.2019.1624509. Epub 2019 Jun 27.
24. Trindade AP, Appolinario JC, Mattos P, Treasure J, **Nazar BP.** **Eating disorder symptoms in Brazilian university students: a systematic review and meta-analysis.** *Braz J Psychiatry.* 2019 Mar-Apr;41(2):179-187. doi: 10.1590/1516-4446-2018-0014. Epub 2018 Oct 11.
25. **Nazar BP**, Trindade AP, Leslie M, Malloy-Diniz LF, Sergeant J, Treasure J, Mattos P. **Eating Disorders Impact on Vigilance and Decision Making of a Community Sample of Treatment Naive Attention-Deficit/Hyperactivity Disorder Young Adults.** *Front Psychiatry.* 2018 Nov 6;9:531. doi: 10.3389/fpsy.2018.00531. eCollection 2018.
26. Leslie M, Turton R, Burgess E, **Nazar BP**, Treasure J. Testing the addictive appetite model of binge eating: The importance of craving, coping, and reward enhancement. *Eur Eat Disord Rev.* 2018 Nov;26(6):541-550. doi: 10.1002/erv.2621. Epub 2018 Jul 3.
27. Mattos P, **Nazar BP**, Tannock R. By the book: ADHD prevalence in medical students varies with analogous methods of addressing DSM items. *Braz J Psychiatry.* 2018 Oct-Dec;40(4):382-387. doi: 10.1590/1516-4446-2017-2429. Epub 2018 Feb 15.
28. Ferreira GM, **Nazar BP**, da Silva MR, Carriello MA, Freitas S, Appolinario JC. Misuse of sibutramine and bulimia nervosa: a dangerous combination. *Braz J Psychiatry.* 2018 Jul-Sep;40(3):343. doi: 10.1590/1516-4446-2018-0004. No abstract available.
29. **Nazar BP**, Peynenburg V, Rhind C, Hibbs R, Schmidt U, Gowers S, Macdonald P, Goddard E, Todd G, Micali N, Treasure J. An examination of the clinical outcomes of adolescents and young adults with broad autism spectrum traits and autism spectrum disorder and anorexia nervosa: A multi centre study. *Int J Eat Disord.* 2018 Feb;51(2):174-179. doi: 10.1002/eat.22823. Epub 2018 Jan 13.
30. Bernardes C, Mattos P, **Nazar BP.** Skin picking disorder comorbid with ADHD successfully treated with methylphenidate. *Braz J Psychiatry.* 2018 Jan-Mar;40(1):111. doi: 10.1590/1516-4446-2017-2395. No abstract available.
31. Turton R, **Nazar BP**, Burgess EE, Lawrence NS, Cardi V, Treasure J, Hirsch CR. To Go or Not to Go: A Proof of Concept Study Testing Food-Specific Inhibition Training for Women with Eating and Weight Disorders. *Eur Eat Disord Rev.* 2018 Jan;26(1):11-21. doi: 10.1002/erv.2566. Epub 2017 Nov 3.
32. Hodsoll J, Rhind C, Micali N, Hibbs R, Goddard E, **Nazar BP**, Schmidt U, Gowers S, Macdonald P, Todd G, Landau S, Treasure J. A Pilot, Multicentre Pragmatic Randomised Trial to Explore the Impact of Carer Skills Training on Carer and Patient Behaviours: Testing the Cognitive Interpersonal Model in Adolescent Anorexia Nervosa. *Eur Eat Disord Rev.* 2017 Nov;25(6):551-561. doi: 10.1002/erv.2540. Epub 2017 Sep 25.

33. Sender D, **Nazar BP**, Baczynski T, Paes F, Fettes P, Downar J, Campos C, Nardi AE, Machado S. Bilateral DMPFC-rTMS Leads to Sustained Remission in Geriatric Treatment-Resistant Depression: A Case Report. *Psychiatr Danub*. 2017 Jun;29(2):218-220.

Book Chapters

1. **Nazar, Bruno Palazzo**, Mattos, Paulo
Oral and dental changes in Eating Disorder Patients
In: Odontologia Integrada na Adolescência.1 ed.Santos, São Paulo : Santos Editora, 2012,
v.1, p. 111-118.
 2. TELLES, L. L., **NAZAR, B. P.**, FONTENELLE, L.F., MENEZES, G. B., VERSIANI, M.
The Psychopathology of a Brazilian Treatment-Seeking Sample of Patients with Body
Dysmorphic Disorder In: Body Image: New Research.1 ed. : Nova Biomedical Books, 2006,
p. 199-213.
 3. **Nazar, Bruno Palazzo**; Treasure, Janet
Eating Disorders
In: Human Nutrition, 13ed; Oxford Press
 4. **Nazar, Bruno Palazzo**; Autuori, Fabia
Attention- Deficit / Hyperactivity Disorder in Adults
In: PROPSIQ, ed. ArtMed
 5. Appolinario, Jose Carlos; Freitas, Silvia Regina; **Nazar, Bruno Palazzo**
Eating Disorders diagnosis and treatment
In: PROPSIQ, ed. ArtMed
 6. **Nazar, Bruno Palazzo**; Chaim, Carolina Hanna; Worcman, Nicola. Anorexia
Nervosa: Diagnosis and Prognosis.
In: PRODIRETRIZES, ed. ArtMed
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Awards

- 1 – Brazilian Psychiatric Association
Clinical Cases in Psychiatry
Year: 2005
- 2 – Brazilian Psychiatric Association
Clinical Cases in Psychiatry
Year: 2007
- 3 - Brazilian Psychiatric Association
Brazilian Board certification in Psychiatry
Year: 2008
- 4 – Shire Pharmaceuticals
Clinical excellence in ADHD treatment award
Year: 2013
- 5 – Brazilian Ministry of Education
Scholarship for PhD studies in the United Kingdom
Year: 2015

Thesis supervisions (Psychiatry residency course thesis)

1 – Title: Pathological game and Lithium
Student: Carolina Hanna Chaim
Year: 2013
University: Federal University of Rio de Janeiro – Institute of Psychiatry

2 – Title: Skin picking: impulsivity or anxiety-related?
Student: Nicola Worcman
Year: 2013
University: Federal University of Rio de Janeiro – Institute of Psychiatry

3 – Title: Porencephalic cyst and psychosis
Student: Paula Gibim Pacheco
Year: 2015
University: Federal University of Rio de Janeiro – Institute of Psychiatry

4 – Title: Eating Disorders in college students
Student: Amanda Pompeu Trindade
Year: 2015
University: Federal University of Rio de Janeiro – Institute of Psychiatry

Dissertation supervisions (MSc course in Psychiatry and mental health)

1 – Title: Attention-Deficit / Hyperactivity Disorder and Decision Making
Student: Camila Bernardes de Faria
Year: 2019
University: Federal University of Rio de Janeiro – Institute of Psychiatry

2 – Title: Hyperphagia in Prader-Willi Syndrome
Student: Evelin Sofritti
Year: Ongoing
University: Federal University of Rio de Janeiro – Institute of Psychiatry

3 – Title: Carer of people with eating disorder distress and coping mechanisms
Student: Adriana Daquer
Year: Ongoing
University: Federal University of Rio de Janeiro – Institute of Psychiatry

4 – Title: Validation of the Eating Attitudes Test in a sample of medical students
Student: Amanda Pompeu Trindade
Year: Ongoing
University: Federal University of Rio de Janeiro – Institute of Psychiatry

Thesis supervisions (MD/PhD program)

1 – Title: Follow up of college students with Eating Disorders

Student: Gabriela Leite

Year: Ongoing

University: Federal University of Rio de Janeiro – Institute of Psychiatry

2 – Title: Food Addiction prevalence in college students

Student: Eliel Leite

Year: Ongoing

University: Federal University of Rio de Janeiro – Institute of Psychiatry