WILHELM GRIESINGER'S CLASSIFICATION OF THE STATES OF MENTAL DEPRESSION

1. DEPRESSED MOOD

Present, proceed to 2 Absent, proceed to 17 Possible Melancholia with Stupor Possible Hypochondriasis

2. MOTOR RETARDATION/ STUPOR

3. AGITATION/ MOTOR RESTLESSNESS

4. SUICIDAL TENDENCIES

5. HOMICIDAL TENDENCIES

At least 1 of 5 present, proceed to 6 At least 2 of 5 present, proceed to 14

None present, proceed to 15

Possible Melancholia with Stupor

Probable Mixed State of Mental Depression

Possible Pure Melancholia

6. MOTOR RETARDATION/ STUPOR

Present, proceed to 7

Absent, proceed to 8

Probable Melancholia with Stupor

Possible Melancholia with Homicidal

Tendencies

7. MANIA/ HYPOMANIA

Present, stop Absent, stop PSYCHIATRIC DISORDER

MELANCHOLIA WITH STUPOR

8. HOMICIDAL TENDENCIES

Present, proceed to 9

Probable Melancholia with Homicidal

Tendencies

Absent, Proceed to 10

Possible Melancholia with Suicidal

Tendencies

9. MANIA/ HYPOMANIA

Present, stop Absent, stop PSYCHIATRIC DISORDER

MELANCHOLIA WITH HOMICIDAL

TENDENCIES

10. SUICIDAL TENDENCIES

Present, proceed to 11 Probable Melancholia with Suicidal

Tendencies

Absent, proceed to 12 Possible Melancholia with Persistent

Excitement of the Will

11. MANIA/ HYPOMANIA

Present, stop PSYCHIATRIC DISORDER

Absent, stop MELANCHOLIA WITH SUICIDAL

TENDENCIES

12. AGITATION/ MOTOR RESTLESSNESS

Present, proceed to 13 Probable Melancholia with Persistent

Excitement of the Will

Absent, proceed to 15 Possible Pure Melancholia

13. MANIA/ HYPOMANIA

Present, stop PSYCHIATRIC DISORDER

Absent, stop MELANCHOLIA WITH PERSISTENT

EXCITEMENT OF THE WILL

14. MANIA/ HYPOMANIA

Present, stop PSYCHIATRIC DISORDER

Absent, stop MIXED STATE OF MENTAL

DEPRESSION

15. DYSPHORIA

Present, proceed to 16 Probable Pure Melancholia
Absent, proceed to 17 Possible Hypochondriasis

16. MANIA/

HYPOMANIA

Present, stop PSYCHIATRIC DISORDER
Absent, stop PURE MELANCHOLIA

17. HYPOCHONDRIASIS

Present, proceed to 18 Absent, stop

Probable Hypochondriasis PSYCHIATRIC DISORDER

18. MANIA/ HYPOMANIA

Present, stop Absent, stop PSYCHIATRIC DISORDER HYPOCHONDRIASIS

It consists of a total number of 29 digits based on 11 codes included in 18 variables and organised into 15 decision clusters, yielding 7 diagnoses.

It is based on Wilhelm Griesinger's 1845 treatise *Die Pathologie und Therapie des Psychischen Krankheiten* in which the "states of mental depression" (the first stage in the development of the unitary pathological mental process) are separated into melancholia and hypochondriasis; melancholia is divided into melancholia with stupor, melancholia with destructive tendencies and melancholia with persistent excitement of the will; and melancholia with suicidal tendencies is subdivided into melancholia with homicidal tendencies and melancholia with suicidal tendencies. In revised CODE-DD there are two additional forms, i.e., mixed state of depression for patients who qualify for more than one form and pure melancholia for patients who qualify for melancholia, but don't fit any of the forms or subforms. Melancholia with stupor is characterised by depressed mood with motor retardation (stupor); melancholia with homicidal tendencies by depressed mood with homicidal tendencies; melancholia with suicidal tendencies by depressed, mood with suicidal tendencies; melancholia with persistent excitement of the will by depressed mood with agitation (motor restlessness); pure melancholia by depressed mood with dysphoria; and hypochondriasis by hypochondriasis with or without depressed mood.

GRIESINGER W (1845) *DIE PATHOLOGIE UND THERAPIE DER PSYCHISCHEN KRANKHEITEN.* BRAUNSCHWEIG, WREDEN

GRIESINGER W (1867) MENTAL PATHOLOGY AND THERAPEUTICS. TRANSLATED FROM THE GERMAN 2ND ED BY C LOCKHART ROBERTSON AND JAMES RUTHERFORD HAFNER PUBLISHING, NEW YORK PP. 209-272.

WILHELM GRIESINGER'S CLASSIFICATION OF THE STATES OF MENTAL DEPRESSION

MELANCHOLIA WITH STUPOR
MELANCHOLIA WITH HOMICIDAL TENDENCIES
MELANCHOLIA WITH SUICIDAL TENDENCIES
MELANCHOLIA WITH PERSISTENT EXCITEMENT OF THE WILL
MIXED STATE OF MENTAL DEPRESSION
PURE MELANCHOLIA

HYPOCHONDRIASIS