

CODE-UD
VIENNA RESEARCH CRITERIA OF ENDOGENOMORPHIC DEPRESSIVE AND
DYSPHORIC AXIAL SYNDROMES
BERNER
15/03/05

1. APATHETIC INDIFFERENCE(15)/
 CONSTRICTED AFFECT(29)/
 DEPRESSED MOOD(41)/
 DEPRESSIVE EVALUATIONS(51)/
 LACK OF DRIVE(118)/
 MOTOR RESTLESSNESS(140)

| | |
|-----------------------|---|
| Present, proceed to 2 | Possible Endogenomorphic Depressive Axial Syndrome |
| Absent, proceed to 5 | Possible Endogenomorphic Dysphoric Axial Syndrome |

2. DIURNAL VARIATION(57)
3. LATE INSOMNIA(123)/
 MIDDLE INSOMNIA(134)

| | |
|-----------------------------------|---|
| Both present, proceed to 4 | Probable Endogenomorphic Depressive Axial Syndrome |
| Less than 2 present, proceed to 5 | Possible Endogenomorphic Dysphoric Axial Syndrome |

4. HYPOMANIA(100)/
 MANIA(130)

| | |
|---------------|--|
| Present, stop | PSYCHIATRIC DISORDER |
| Absent, stop | ENDOGENOMORPHIC DEPRESSIVE AXIAL SYNDROME |

5. DYSPHORIA(60)/
 HOSTILITY(96)/
 IRRITABILITY(117)
6. DIURNAL VARIATION(57)
7. LATE INSOMNIA(123)/
 MIDDLE INSOMNIA(134)

| | |
|-----------------------------|--|
| All 3 present, proceed to 8 | Probable Endogenomorphic Dysphoric Axial Syndrome |
| Less than 3 present, stop | PSYCHIATRIC DISORDER |

8. HYPOMANIA(100)/
 MANIA(130)

Present, stop
Absent, stop

**PSYCHIATRIC DISORDER
ENDOGENOMORPHIC DYSPHORIC
AXIAL SYNDROME**

It consists of a total number of 19 digits, based on 14 codes included in 8 variables organised into 5 decision clusters, yielding 2 diagnoses.

It is based on Peter Berner's diagnostic concept of endogenomorph cyclothymic (affective) axial syndrome -- derived from a follow-up study of paranoiac patients published in 1965 and 1969 -- presented in Berner, Gabriel, Katschnig, Kieffer, Koehler, Lenz and Simhandl's book *Diagnostic Criteria for Schizophrenia and Affective Psychoses*, published by the *World Psychiatric Association* in 1983, in which depression is divided into two syndromes: endogenomorph depressive axial syndrome and endogenomorph dysphoric axial syndrome. In revised CODE-DD the endogenomorph depressive axial syndrome is characterized by apathetic indifference (constricted affect, depressed mood, depressive evaluations, lack of drive or motor restlessness) with diurnal variations and late insomnia (middle insomnia), and the endogenomorph dysphoric axial syndrome by dysphoria (hostility, or irritability), diurnal variation and late insomnia (middle insomnia).

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Muller P (1981) Psychische Erkrankungen und ihr Verlauf sowie ihre Beeinflussung durch das Alter. Bern: Huber

Hoche A (1912) Die Bedeutung der Symptomkomplexe in der Psychiatrie Zbl ges Neurol Psychiat 12: 540-551

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**ENDOGENOMORPHIC DEPRESSIVE AXIAL SYNDROME
ENDOGENOMORPHIC DYSPHORIC AXIAL SYNDROME**