

**KELLER AND SHAPIRO'S CRITERIA OF DOUBLE
DEPRESSION**

1. ABULIA/
DEPRESSED MOOD/
DYSPHORIA

Present, proceed to 2
Absent, stop
DISORDER

Possible Double Depression
PSYCHIATRIC

2. DYSTHYMIA

Present, proceed to 3
Depression
Absent, stop
DISORDER

Possible Double
PSYCHIATRIC

3. DISTURBANCE OF CONCENTRATION/
INDECISIVENESS/
RETARDED THINKING

4. ANHEDONIA/
APATHETIC INDIFFERENCE/
LACK OF INTEREST

5. FEELINGS OF GUILT/
SELF-INCRIMINATION

6. ASTHENIA/
FEELING OF LOSS OF VITALITY

7. LOSS OF DESIRE TO LIVE/
SUICIDAL TENDENCIES

8. AGITATION/
MOTOR RESTLESSNESS/
MOTOR RETARDATION/
STUPOR

9. HYPERSOMNIA/
INSOMNIA

10. DECREASED APPETITE/
EXCESSIVE APPETITE

At least 5 of 8 present, proceed to 11
Depression
Less than 5 of 8 present, stop
DISORDER

Possible Double
PSYCHIATRIC

11. CATATONIC MANIFESTATIONS/
FEELING OF ALIEN INFLUENCES/

INAPPROPRIATE EMOTIONAL RESPONSE/
 INCOHERENCE/
 NEGATIVISM/

TANGENTIAL THINKING/
 THOUGHT BROADCASTING/
 THOUGHT INSERTION/
 THOUGHT WITHDRAWAL

Absent, proceed to 12 Depression	Probable Double
Present, stop DISORDER	PSYCHIATRIC

12. MANIA/
 HYPOMANIA

Present, stop DISORDER	PSYCHIATRIC
Absent, stop DEPRESSION	DOUBLE

It consists of a total number of 35 digits, based on 35 codes included in 12 variables organized into 5 decision clusters, yielding 1 diagnosis.

It is based on Keller and Shapiro's paper on "Double depression: Superimposition of acute depressive episodes on chronic depressive disorders," published in the *American Journal of Psychiatry* in 1982 in which double depression is defined as a major depressive episode that is superimposed on dysthymia. In revised CODE-DD double depression is characterized by abulia (depressed mood or dysphoria) with disturbance of concentration (indecisiveness or retarded thinking), anhedonia (apathetic indifference or lack of interest), feeling of guilt (self-incrimination), asthenia (feeling of loss of vitality), loss of desire to live (suicidal tendencies), agitation (motor restlessness, motor retardation or stupor), hypersomnia (insomnia) and decreased appetite (excessive appetite) in the presence of the history of dysthymia.

KELLER MB, SHAPIRO RW, (1982) "DOUBLE DEPRESSION":
 SUPERIMPOSITION
 OF ACUTE DEPRESSIVE EPISODES ON CHRONIC DEPRESSIVE
 DISORDERS. AM
 J PSYCHIATRY 139: 438-442

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DOUBLE DEPRESSION