

## QUITKIN, RIFKIN AND KLEIN'S DIAGNOSTIC CRITERIA OF ATYPICAL DEPRESSION

### 1. ANXIOUS MOOD/ DEPRESSED MOOD

Present, proceed to 2  
Absent, stop

Possible Atypical Depression  
PSYCHIATRIC DISORDER

### 2. EXCESSIVE APPETITE 3. HYPERMOMNIA 4. WORSE IN THE EVENING

All 3 present, proceed to 5  
Less than 3 present, stop

Probable Atypical Depression  
PSYCHIATRIC DISORDER

### 5. MANIA/ HYPOMANIA

Present, stop  
Absent, stop

PSYCHIATRIC DISORDER  
ATYPICAL DEPRESSION

It consists of a total number 7 digits, based on 7 codes included in 5 variables organized into 3 decision clusters, yielding 1 diagnosis.

It is based on Quitkin, Rifkin and Klein's paper, "Monoamine oxidase inhibitors. A review of antidepressant effectiveness," published in the *Archives of General Psychiatry* in 1979 in which atypical depression is defined as an anxious-depressed mood, with overeating, oversleeping and diurnal variation. In revised CODE-DD it is characterized by anxious mood (depressed mood), with excessive appetite, hypersomnia, and worse in the evening.

QUITKIN F, RIFKIN A, KLEIN DF (1979) MONOAMINE OXIDASE INHIBITORS. A REVIEW OF ANTIDEPRESSANT EFFECTIVENESS. ARCH GEN PSYCHIATRY 36: 749-760

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ATYPICAL DEPRESSION