

## ROBINSON, NIES, RAVARIS AND LAMBORN'S CRITERIA OF ATYPICAL DEPRESSION

### 1. ANXIOUS MOOD/ DEPRESSED MOOD

Present, proceed to 2  
Absent, stop

Possible Atypical Depression  
PSYCHIATRIC DISORDER

### 2. ASTHENIA/ FEELING OF LOSS OF VITALITY

### 3. PHOBIAS

### 4. SOMATIC SYMPTOMS/ VEGETATIVE MANIFESTATIONS

All 3 present, proceed to 5  
Less than 3 present, stop

Probable Atypical Depression  
PSYCHIATRIC DISORDER

### 5. MANIA/ HYPOMANIA

Present, stop  
Absent, stop

PSYCHIATRIC DISORDER  
ATYPICAL DEPRESSION

It consists of a total number of 9 digits, based on 9 codes included in 5 variables organized into 3 decision clusters, yielding 1 diagnosis.

It is based on Robinson, Nies, Ravaris and Lamborn's paper on "The monoamine oxidase inhibitor, phenelzine, in the treatment of depressive-anxiety states," published in the *Archives of General Psychiatry* in 1973 in which atypical depression is defined as a depression with anxious-depressed mood, weakness, phobias and physical complaints. In revised CODE-DD it is characterized by anxious mood (depressed mood) with asthenia (feeling of loss of vitality), phobias and somatic symptoms (vegetative manifestations).

ROBINSON DS, NIES A, RAVARIS L, LAMBORN K (1973) THE MONOAMINE OXIDASE INHIBITOR, PHENELZINE, IN THE TREATMENT OF DEPRESSIVE-ANXIETY STATES. ARCH GEN PSYCHIATRY 29: 407-413

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ATYPICAL DEPRESSION