

**PILOWSKY, LEVINE AND BOULTON'S DICHOTOMY OF NEUROTIC AND  
ENDOGENOUS DEPRESSION**

1. DEPRESSED MOOD
2. MOTOR RETARDATION/  
RETARDED THINKING/  
STUPOR
3. DECREASED SEX DRIVE
4. DECREASED APPETITE
5. INSOMNIA
6. SOMATIC SYMPTOMS/  
VEGETATIVE MANIFESTATIONS
7. DISTURBANCE OF CONCENTRATION
8. APATHETIC INDIFFERENCE
9. FEELING OF HOPELESSNESS

At least 5 of 9 present, proceed to 10  
Less than 5 of 9 present, proceed to 11

Probable Endogenous (Class B) Depression  
Possible Neurotic (Class A) Depression

10. MANIA/  
HYPOMANIA

Present, stop  
Absent, stop

PSYCHIATRIC DISORDER  
ENDOGENOUS (CLASS B) DEPRESSION

11. DEPRESSED MOOD
12. LACK OF INTEREST
13. LOSS OF DESIRE TO LIVE/  
SUICIDAL TENDENCIES
14. FEELING OF INADEQUACY
15. IMPAIRMENT OF SOCIAL ADAPTATION
16. IRRITABILITY
17. HYPOCHONDRIASIS
18. WORSE IN THE EVENING
19. FEELINGS OF GUILT/  
SELF-INCRIMINATION/  
SUSPICIOUSNESS

At least 4 of 9 present, proceed to 20  
Less than 4 of 9 present, stop

Probable Neurotic (Class A) Depression  
PSYCHIATRIC DISORDER

20. MANIA/  
HYPOMANIA

Present, stop

PSYCHIATRIC DISORDER

Absent, stop

## NEUROTIC (CLASS A) DEPRESSION

It consists of a total of 28 digits, based on 25 codes included in 20 variables organised into 4 decision clusters, yielding 2 diagnoses.

It is based on Pilowsky, Levine and Boulton's paper on "The classification of depression by numerical taxonomy," published in the *British Journal of Psychiatry* in 1969 in which, with the employment of numerical taxonomy, class A or neurotic depression and class B or endogenous depression, is separated within a group of mixed psychiatric patients. In revised CODE-DD class A or neurotic depression is characterised by depressed mood, lack of interest, loss of desire to live (suicidal tendencies), feeling of inadequacy, impairment of social adaptation, irritability, hypochondriasis, worse in the evening and feeling of guilt (self-incrimination, or suspiciousness); and class B or endogenous depression by depressed mood, motor retardation (retarded thinking or stupor), decreased sex drive, decreased appetite, insomnia, somatic symptoms (vegetative manifestations), disturbance of concentration, apathetic indifference and feeling of hopelessness.

PILOWSKY I, LEVINE S, BOULTON DM (1969) THE CLASSIFICATION OF DEPRESSION BY NUMERICAL TAXONOMY. BRIT J PSYCHIAT 115: 937-945

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ENDOGENOUS (CLASS B) DEPRESSION  
NEUROTIC (CLASS A) DEPRESSION