

## HAMILTON AND WHITE'S DICHOTOMY OF RETARDED AND AGITATED DEPRESSION

1. DEPRESSED MOOD
2. FEELINGS OF GUILT
3. LACK OF INSIGHT
4. SUICIDAL TENDENCIES
5. DECREASED SEX DRIVE
6. LACK OF INTEREST

At least 2 of 6 present, proceed to 7  
Less than 2 of 6 present, proceed to 9

Possible Retarded Depression  
Possible Agitated Depression

7. MOTOR RETARDATION/  
STUPOR

Present, proceed to 8  
Absent, proceed to 9

Probable Retarded Depression  
Possible Agitated Depression

8. MANIA/  
HYPOMANIA

Present, stop  
Absent, stop

PSYCHIATRIC DISORDER  
RETARDED DEPRESSION

9. GASTROINTESTINAL COMPLAINTS
10. EARLY INSOMNIA
11. DECREASED APPETITE/  
WEIGHT LOSS
12. HYPOCHONDRIASIS
13. LATE INSOMNIA
14. MIDDLE INSOMNIA

At least 2 of 6 present, proceed to 15  
Less than 2 of 6 present, stop

Possible Agitated Depression  
PSYCHIATRIC DISORDER

15. AGITATION/  
MOTOR RESTLESSNESS

Present, proceed to 16  
Absent, stop

Probable Agitated Depression  
PSYCHIATRIC DISORDER

16. MANIA/  
HYPOMANIA

Present, stop  
Absent, stop

PSYCHIATRIC DISORDER  
AGITATED DEPRESSION

It consists of a total of 21 digits based on 19 codes included in 16 variables and organized into 6 decision clusters, yielding 2 diagnoses.

It is based on Hamilton and White's paper on "Clinical syndromes in depressive states," published in the *Journal of Mental Science* in 1959, in which (with the employment of factor analysis) two forms of depression were separated: retarded depression and agitated depression. In revised CODE-DD retarded depression is characterized by depressed mood, feelings of guilt, lack of insight, suicidal tendencies, decreased sex drive, and lack of interest with motor retardation (stupor); and agitated depression by gastrointestinal complaints, early insomnia, decreased appetite (weight loss), hypochondriasis, late insomnia, and middle insomnia with agitation (motor restlessness).

HAMILTON M, WHITE JM (1959) CLINICAL SYNDROMES IN DEPRESIVE STATES. J MENT SCI 150: 985-990

Hamilton M (1960) A rating scale for depression. J Neurol Neurosurg Psychiatry 23: 56-61

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RETARDED DEPRESSION

AGITATED DEPRESSION