

ERNST KRETSCHMER'S CRITERIA OF DEPRESSIVE (CYCLOID) TEMPERAMENT

1. DEPRESSED MOOD

Present, proceed to 2
Absent, stop

Possible Depressive Temperament
PSYCHIATRIC DISORDER

- 2. RETARDED THINKING
- 3. CONSTRICTED AFFECT
- 4. MOTOR RETARDATION

All 3 present, proceed to 5
Less than 3 present, stop

Probable Depressive Temperament
PSYCHIATRIC DISORDER

5. MANIA/ HYPOMANIA

Present, stop
Absent, stop

PSYCHIATRIC DISORDER
DEPRESSIVE TEMPERAMENT

It consists of a total number of 6 digits based on 6 codes included in 5 variables organized into 3 decision clusters, yielding 1 diagnosis.

It is based on Ernst Kretschmer's book *Physique and Character*, written by 1925, in which he postulates that the Melancholic Temperament is characterized by sad mood or grief, associated to psychic tempo retardation, motor retardation and abnormal sensitivity to psychic stimulation. In revised CODE-DD Depressive Temperament is characterized depressed mood, with retarded thinking, constricted affect and motor retardation.

ERNST KRETSCHMER. *PHYSIQUE AND CHARACTER*. EDINBURGH, EDINBURGH PRESS (1990) pp. 252-253

Ernst Kretschmer. *Körperbau und charakter*. Berlin, Verlag von Julius Springer (1926) pp. 207-209

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DEPRESSIVE TEMPERAMENT