

## ALEXANDER OF TRALLES' CLASSIFICATION OF MELANCHOLIA

1. DEPRESSED MOOD

2. ANXIETY/  
ANXIOUS MOOD

At least 1 of 2 present, proceed to 3  
None present, proceed to 5

Possible Black Bile Melancholia  
Possible Yellow Bile Melancholia

3. DELUSIONS

Present, proceed to 4  
Absent, proceed to 7

Probable Black Bile Melancholia  
Possible Yellow Bile Melancholia

4. MANIA/  
HYPOMANIA

Present, stop  
Absent, stop

PSYCHIATRIC DISORDER  
BLACK BILE MELANCHOLIA

5. ANGER  
6. AGITATION/  
MOTOR RESTLESSNESS

Both present, proceed to 9  
Less than 2 present stop

Probable Yellow Bile Melancholia  
PSYCHIATRIC DISORDER

7. ANGER  
8. AGITATION/  
MOTOR RESTLESSNESS

At least 1 of 2 present, proceed to 9  
Absent, stop

Probable Yellow Bile Melancholia  
PSYCHIATRIC DISORDER

9. MANIA/  
HYPOMANIA

Present, stop  
Absent, stop

PSYCHIATRIC DISORDER  
YELLOW BILE MELANCHOLIA

It consists of a total number of 14 digits, based on 9 codes included in 9 variables organized into 6 decision clusters, yielding to 2 diagnoses.

It is based on Alexander of Tralles' book, *Practica*, written in the 6<sup>th</sup> century, in which melancholia (one of six diseases of the "head") is divided into four forms from which only two, black bile melancholia and yellow bile melancholia, are included in revised CODE-DD. Black bile melancholia is characterized by depressed mood and anxiety (anxious mood) with delusions; yellow bile melancholia is characterized by anger and agitation (motor restlessness).

BRUNET F. (1933) OEUVRES MEDICALES D'ALEXANDRE DE TRALLES (525-605 AD). PARIS: GEUTHNER VOL 2, 223-237.

ALEXANDER OF TRALLES. (CA. 525-CA. 605) PRACTICA ALEXANDRI YATROS GRECI CUM EXPOSITIONE GLOSE INTERLINIARIS JACOBI DE PARTIBUS ET JANUENSIS IN MARGINE POSITE. LUGDUM, FRANCISCUM FRADIN (1504).

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BLACK BILE MELANCHOLIA  
YELLOW BILE MELANCHOLIA